

Training Opportunity

A Brighter Light Compassion Fatigue and Resiliency Workshop



**Sponsored by
Collier County CISM Team**

**Friday, April 23rd, 2010
9am – 4:30pm
You must attend the entire day.**

**Workshop Location:
Moorings Presbyterian Church
Moss Hall – 2nd Floor, Classroom A & B
791 Harbour Dr
Naples, FL**

Class Description

This workshop draws from Dr Erik Gentry's Accelerated Recovery Program and the Certified Compassion fatigue Specialist Training to provide an intensive one-day experiential training designed to help prevent compassion fatigue and other work-related disorders.

Workshop Highlights

Attendees will learn:

- 5 critical elements of professional resiliency
- Why self-care isn't enough – the secrets of compassion resiliency
- How to transform your life from the stress of reactivity to the cal effectiveness of intentionality
- How to maximize effectiveness as a caregiver
- Skills to sustain longevity as a professional caregiver
- Integration of science and faith filled practices
- Powerful tools to immediately integrate into your practice
- To burn brightly and never burn out. "That which is to give light, must endure burning."
Victor Frankl

Dr Gentry is a nationally recognized trainer and expert in working with trauma survivors as well as those who serve them. For more information, visit his website: www.compassionunlimited.com

Registration Form

Compassion Fatigue and Resiliency Workshop

\$10.00 – includes lunch and certificate

6.5 CEU's available

Please circle: Ham, Turkey or Veggie Sandwich

Coke, Diet Coke, Sprite or Water

Name: _____

Address: _____

Phone: _____

Agency and Profession you represent:

CISM Team Affiliation: _____

6.5 CEU's will be offered for this class

Please send registration form to:

Collier County CISM

8075 Lely Cultural Pkwy #425

Naples, FL 34113

Or **fax it** to 239-252-9399

Any questions regarding this class or to register
by phone or email, please contact:

Dianne Flanagan at 239-252-9368 or edi1111@aol.com

Instructor for this class:



The Rev. Dr. James J. Kirk is currently the Associate minister for Member Care at the Moorings Presbyterian Church in Naples, FL. He has served at the church since August of 1988. Before serving in Naples he was the Associate Minister for Youth at the First Presbyterian Church of Sparta, NJ (1981-1988). He graduated from Moravian College with a BA in 1977 and from Union

Theological Seminary in Richmond, VA with a D.Min. in 1981.

Since arriving in Naples Jim has received training in Comprehensive Crisis Intervention through the International Critical Incident Stress Foundation (ICISF). He serves as a member of the Collier County Critical Incident Stress Management Team. He is also active in Disaster Response through the Presbyterian Disaster Assistance Team (PDAT). He has responded to many different communities to offer, **“Care for the Care Givers”**. He (and other members of the Presbyterian National Response Team) were invited into those communities to offer the faith leaders the opportunity to gather for a structured time to reflect cognitively, emotionally, and spiritually on a particular disaster that impacted their community.

Viktor Frankl once said, “That which is to give light must endure burning”. More recently Jim has become aware of the negative effects of disaster response. Too often the negative effects lead to what has become known as Compassion Fatigue. Working with Dr. Eric Gentry, Jim has received training to help responders to understand, identify, alleviate, and often prevent the symptoms of Compassion Fatigue.